# THE GREEK TABLE EXPERIENCE With Diane Pochifas

## **About Diane Kochilas**

Diane Kochilas is one of the world's foremost experts on Greek and Mediterranean cuisine with more than 18 cook books as well as the host, creator and co-producer of My Greek Table, the award-winning travel-cooking shows about Greece that airs nationally on US television.

Diane runs the Glorious Greek Kitchen at Ikaria Cooking School. Diane has curated our Greek dining experience to highlight the best of the region's authentic flavors.

This menu is a celebration of Greece through the senses.

The Greek way to enjoy great food



Experience life. Experience the journey

freek soul on a plate

#### HOMEMADE BREAD SELECTION

Corn, Country Sourdough, Country Loaf with Multi Seeds, Baguette and Multi Grain Dark Rye Accompanied by Butter Seasoned with Sea Salt of Ikaria Island

#### HOMEMADE DIPS

Accompanied by Homemade Pita and Simit

Syros Maintanosalata (vg, gf), Parsley Pesto, Capers and Herbs

Roasted Tomato Kopanisti (v, gf), Roasted tomatoes, Herbs, Greek Goat's cheese

Smoked Eggplant Caviar (vg, gf), Flavored with Tahini, Walnuts and Petimezi

# FIRST COURSE

#### Cretan Octopus Carpaccio (v, gf)

Crisped Fennel and Splashed with Orange-Ouzo Vinaigrette

🖉 Wine: Ktima Pavlidis, Thema, Assyrtiko, Sauvignon Blanc

#### SECOND COURSE

Aegean Fisherman's (v) Saffron Avgolemono

### THIRD COURSE

# Be charmed by rustic flavors Escallop of Aegean Lobster, Saffron Jeweled Pilafi

Ouzo-Scented Golden Rice, Flavored with Pistachios, Almonds and Peas Kalamata Olive Mayonnaise with Greek Yogurt

🗋 Wine: Ktima Pavlidis, Thema, Assyrtiko, Sauvignon Blanc

#### **INTERMEZZO**

Pappardelle of Zucchini, Marinated Tomatoes and Mint (vg, gf)

Toasted Pine Nuts

#### FOURTH COURSE **Kalogeros Terrine**

Sliced Beef Loin, Aubergine, Sheep's Milk Cheese and Tomatoes Naxos Oven Fried Potatoes / Greek Oregano

Wine: Mega Spileo, Mavrodafne, Mavro Kalavritino

**FIFTH COURSE** 

Arugula, Red Onion, Baked Olives, Grilled Manouri and Pasteli Crumble (v, gf)

Tossed with Greek Virgin Olive Oil and Aged Balsamic

# SIXTH COURSE

**Selection of Greek Village Cheese Platter** 

Carob Bread Stick or

Floating Greek Island in a Wine-Dark Sea

Rose Geranium-infused Fruit Soup & Meringues

🖉 Wine: Cavino, Mavrodafne, Patras Reserve Red (50cl)

**Greek Digestive with Spoon Sweet Glyco** 

Indulge and delight

= Wine pairing

(vg) vegan, (gf) gluten free, (v) vegetarian

Simple ingredients brought to life - connect with nature

+ celebration, our way